

RESEARCH ARTICLE

Feeding ecology, trophic interaction and resource partitioning among four omnivorous finfish species of a tropical Estuary

Snigdhodeb Dutta 

Department of Industrial Fisheries, CUSAT, Kerala 682022, India

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Abstract – A crucial aspect of sustainable resource management is understanding the trophic interactions amongst fish in the estuarine ecosystem. The goal of this study was to look into the food preferences, feeding strategies, trophic partitioning, as well as dietary overlap among four omnivorous species that live in the Cochin Estuary: *Mugil cephalus* ($n = 73$), *Planiliza parsia* ($n = 35$), *Planiliza planiceps* ($n = 65$) and *Chanos chanos* ($n = 55$) through the analyses of gut-content. Index of relative importance demonstrated that prey items in *Mugil cephalus* and *Planiliza planiceps* guts were dominated by Bacillariophyceae whereas in *Planiliza parsia* and *Chanos chanos* guts were dominated by Myxophyceae. The highest diet value (7.5) was recorded in *Chanos chanos*, while the lowest was recorded in *Mugil cephalus* (5.69). The highest niche breadth value (0.77) was recorded in *Planiliza planiceps* while the lowest value was recorded in *Planiliza parsia* (0.52). Pianka's overlap, evaluated with the help of null models structured by Ecosim 7.0, showed remarkable niche overlap between *Mugil cephalus* and *Planiliza planiceps* ($0-0.92$, $P < 0.001$), between *Planiliza planiceps* and *Planiliza parsia* ($0-0.77$, $P < 0.05$) and between *Mugil cephalus* and *Planiliza parsia* ($0-0.7$, $P < 0.05$). The fish's trophic niche width, along with prey-specific abundance confirmed that they are generalist feeders. The present results differed from the general hypothesis related to the omnivorous species and concluded that these four omnivorous species live in the same niche zones of the Cochin Estuary with no interspecific conflict.

Keywords: Cochin Estuary / feeding ecology / niche overlap / trophic interaction

1 Introduction

Ecological studies are continuing to be interested in the strategies adopted by aquatic creatures to exploit resources. Dietary information on fish is crucial. For understanding fish behaviour, growth, reproduction, migration, and other crucial behaviours. It also predicts ecosystem changes due to natural or anthropogenic interventions (Priyadarshinis *et al.*, 2012). In fish assemblages, food partitioning is more crucial than habitat partitioning (Schoener, 1974). Fish feeding ecology looks at how fish choose which food items to devour (Wotton, 1998). It examines various feeding adaptations following their morphological (Wotton, 1998), physiological as well as sensorineural reactions to different forms of food and their availability in their surroundings. Diel activity, niche overlap, as well as fish habitat selection, can all be influenced by food competition (Alanärä *et al.*, 2001; David *et al.*, 2007; Saeed *et al.*, 2020).

In research on trophic interactions in fish populations, specifically in tropical habitats, variations in food composition

amongst species as well as even across species between seasons have been discovered (Encina *et al.*, 2004; Magalhaes, 1993; Paravicini *et al.*, 2020). Certain habitats with similar food supplies attract many species that share these resources (Gabler and Amundsen, 2010; Sandlund *et al.*, 2010). When food resources are shared, fish species cohabitation can be linked to the adoption of one or more characteristics, such as distinct activity patterns (Hesthagen *et al.*, 2004) or divergent space usage (Amarasekare, 2003; Sandlund *et al.*, 2010). Niche width is regarded as a critical parameter. It is used for assessing the degree of dietary specialisation for a particular set of species in a habitat (Segurado *et al.*, 2011). More specialised species have narrower niche breadths. Generalist species have larger niches. Niche overlap analysis is a useful tool for evaluating community structure concerning different species' feeding niches (Corrêa *et al.*, 2011). Specialists and generalists, for example, might be utilized to categorise a group of species in a habitat according to their specialisation in utilizing certain resources (Costello, 1990). On the other hand, sample size, frequency, sampling duration, as well as the number of resources evaluated can all have a big impact on feeding classifications (Ricklefs and Lau, 1980; Smith and Zaret, 1982).

*Corresponding author: Snigdho29.96@cusat.ac.in

But they are extremely useful in describing fish feeding behaviour on a larger scale (Ferry and Cailliet, 1996). Across the globe, invading generalists with broad ecological niches are replacing specialised taxa, a tendency known as biotic homogenisation (McKinney and Lockwood, 1999; Clavel *et al.*, 2011). Many generalist species have a competitive advantage in that they can live in damaged habitats (McKinney and Lockwood, 1999; Layman and Allgeier, 2012). Natural fish feeding studies allow researchers to determine the trophic linkages that exist in aquatic habitats, as well as the feeding composition and structure of food webs (Zavala, 1996; Hahn *et al.*, 1997; Dinh *et al.*, 2020). Diet composition research is crucial in community ecology as animals' resource usage has a significant impact on population dynamics within a group (Mequilla and Campos, 2007; Moon *et al.*, 2020). Data on the various foods consumed by fish could potentially lead to the discovery of a stable food choice and the development of trophic models. (Bachok *et al.*, 2004; Lopez and Arcila, 2002; Kim *et al.*, 2021).

Estuaries are highly productive habitats that serve as vital refuges and feeding grounds for many species' young (Boehlert and Mundy, 1988; Potter *et al.*, 1997; Van Niekerk and Turpie, 2012; Vasconcelos *et al.*, 2015). Many estuarine-dependent species' adults are economically fished, adding to fisheries production (Pollard, 1981). Tropical estuaries are highly dynamic ecosystems that experience significant seasonal variations in combined hydrological as well as faunal conditions features (Blaber, 2002; Albaret *et al.*, 2004; Fath *et al.*, 2019). The length-weight relationship of these fishes inhabiting Vembanad lake, part of Cochin Estuary, southern India, has been reported (Nandan and Renjini 2011). But no studies have so far been attempted on their feeding habits, trophic ecology and trophic interactions.

The goal of this study was to look into the food preferences, feeding strategies, trophic partitioning, as well as dietary overlap among four omnivorous species that live in the Cochin Estuary: *Mugil cephalus* (Linnaeus 1758), *Planiliza parsia* (Hamilton 1822), *Planiliza planiceps* (Valenciennes 1836) and *Chanos chanos* (Forsskal 1775). The hypothesis has also been tested that these omnivores are generalist feeders and that the coexistence of such sympatric species leads to resource conflict.

2 Materials and methods

2.1 Study Area

On India's west coast, the Cochin Estuary (9°40' – 10°12' N and 76°10' – 76°30' E) is the country's biggest estuarine system. The Cochin Estuary, which is part of the Vembanad–Kol wetland system, is approximately 450 m–4 km broad and 3–15 m deep (Shivaprasad *et al.*, 2013). With typical daily temperatures ranging from 19.8 °C to 36.7 °C, the estuary has a humid equatorial tropical climate. In the coastal waters, the average yearly temperature ranges from 25.0 °C to 27.5 °C (Shivaprasad *et al.*, 2013). Pre-monsoon (March to May) often receives the lowest rainfall on record, with a combined average of just 386 mm month⁻¹, indicating the peak of the “dry” season. Conversely, the southwest monsoon (June to September) experiences the most rainfall, with average and maximum totals of 1400 mm and 1891 mm month⁻¹, respectively, defining the

peak of the “wet” season (Shivaprasad *et al.*, 2013). The Central Water Commission provided the information on freshwater runoff for the years 2018 to 2019. The overall discharge was between 60% and 70% between June and September and 6.82% between December and February. Salinity readings in the surface and bottom waters varied greatly, ranging from 0.01 ppt to 34 ppt. Because of sea water ingress from the Arabian Sea, the bottom water has a higher salinity than the surface water (Joseph *et al.*, 2010). The harvest of the estuary fisheries has been stated to decrease (Asha *et al.*, 2016). In cumulative landings which have a link to the lack of several big marine migrants, a decline has been observed by finfish species diversity from 125 to 80, which also includes the examined fish species, the economically important one (Maitra *et al.*, 2018).

2.2 Dietary analyses

A total of 228 individuals containing *Mugil cephalus* ($n=73$), *Planiliza parsia* ($n=35$), *Planiliza planiceps* ($n=65$) and *Chanos chanos* ($n=55$) were drawn from estuarine fishery-dependent catches in five sampling sites between April 2019–March 2020 (Fig. 1). The fish were dissected for stomach content analysis after total length (LT) as well as standard length (LS) were measured to the nearest mm and body mass (M) was measured to the nearest g. Prey items were collected and classified to the minimum taxonomic level possible from dissected stomachs. The frequency of occurrence (O%), percent quantity (N%), and percent volume (V%) of prey items were computed using Hyslop's formula (1980). The diet composition was found out by index of relative importance (IRI%) following Pianka (1971): $IRI\% = 100((N\% + V\%)O\%^{-1})(\sum(N\% + V\%)O\%^{-1})^{-1}$.

2.3 Trophic niche and diet breadth

The diet breadth (B) was computed using Levin's index (1968): $B = (\sum ni=1 P^2i)^{-1}$, where, P^2i is the proportion of food item i and ni is the total number of food items in the diet. Using individual prey number data, Levin's measure (Krebs, 1999) was used to assess each species' niche breadth. Hurlbert's formula (1978) was used to standardise the trophic niche measure (ranging from 0 to 1): $BA = (n-1) - 1((\sum ni=1 P^2i) - 1)$, where P^2i is the proportion of a food category in a species' diet and n is the total number of food categories. Low (0–0.39), middle (0.4–0.6), or high (0.61–1; adapted from Grossman, 1986) trophic niche breadth was used. Trophlab software was used to calculate each species' trophic level based on the diet composition, as recommended by Pauly *et al.* (2000) and Mann–Whitney tests were performed to find if any significant difference exist between the trophic level values.

2.4 Null models and Niche overlap

Pianka's index (1971) was used to calculate species feeding overlap, which ranged from 0 to 1, with 1 indicating complete overlap. Ecosim 7.0 was used to calculate pair-wise niche overlap estimates (Gotelli and Entsminger, 2007). Using Ecosim 7.0, the niche overlap pattern was generated as well as

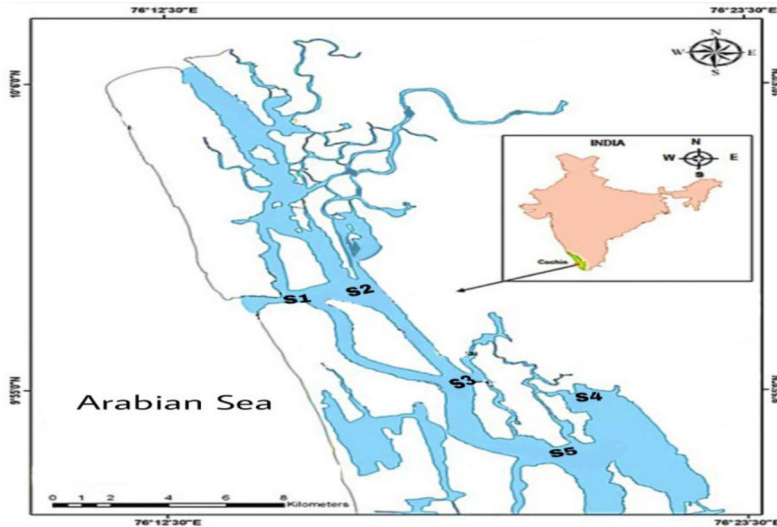


Fig. 1. Location of examined species sampling sites (S) in Cochin estuary.

Table 1. Details of mean total length (LT) and range, and mean total mass (M) of examined fishes sampled from the Cochin Estuary.

Species	Family	Number of guts	Length Mean \pm SD (cm)	Length Range (cm)	Weight Mean \pm SD (g)
<i>Mugil cephalus</i>	Mugilidae	73	13.18 \pm 1.06	11.4–15.2	32.48 \pm 3.02
<i>Planiliza parsia</i>	Mugilidae	35	10.71 \pm 1.27	9.2–14.2	20.94 \pm 2.51
<i>Planiliza planiceps</i>	Mugilidae	65	30.08 \pm 3.18	21.5–38.2	230.33 \pm 77.09
<i>Chanos chanos</i>	Chanidae	55	30.18 \pm 4.21	21.6–40.2	250.69 \pm 105.3

quantitatively tested against null models (Gotelli and Entsminger, 2007). By conducting 1000 Monte Carlo randomizations and mathematically contrasting the patterns in these simulated communities with those in the real data matrix, the computer developed pseudo-communities (mean niche overlap values for all species pairs). Following Corrêa *et al.* (2011), a probability (P) value of 0.05 for observing a value >1.0 by chance was judged significant.

2.5 Feeding strategies as well as prey-specific abundance

Prey-specific abundance (APS) was calculated as follows: SST_i is the total stomach content, especially in predators with prey i in their stomach, and $APSi$ is the prey-specific abundance of prey i , according to Amundsen *et al.* (1996). On a two-dimensional graph, prey-specific abundance ($APSi$) was plotted against the frequency of occurrence ($O\%$) for each species. Diagonals and axes of the figure can be used to derive the relevance of prey, feeding strategy, and phenotypic contribution to niche width (Amundsen *et al.*, 1996). Diagonal from the lower left to the higher right corner represented the significance of prey to the whole population, with dominating prey at the top right-hand corner and uncommon and insignificant prey at the bottom end. The vertical axis depicted the feeding strategy in terms of specialisation versus generalisation: experts had all prey spots in the top half of the graph, while generalists had all prey points in

the lower half. The points in the upper left represented specialized subgroups of the predator population, while the points in the upper right suggested specialisation by the entire predator population on a specific prey (Amundsen, 1995; Amundsen *et al.*, 1996).

3 Results

3.1 Diet composition along with index of relative importance

Table 1 lists the specifics of morphometric measures taken on fish whose stomach contents were being examined. The *P. parsia* species had the smallest mean length (10.71 \pm 1.27 cm), whereas *C. chanos* had the longest mean length (30.18 \pm 4.21 cm) (Tab. 1). Statistical analyses were performed on the LT values obtained during the current investigation and their equivalent values in Fishbase, but no significant differences were found (Mann–Whitney tests). The gut contents of fish were analysed to identify 13 different species of prey. Algae were the most prevalent prey item seen across all four species, according to the IRI% of prey items (Tab. 2). Microplastics were also discovered in the intestinal contents of *M. cephalus* and *C. chanos*. Perceptibly higher importance of detritus (20.29% and 20.1%) was noticeable in *P. planiceps* and *C. chanos*. Shrimp larvae were discovered in all four species. Fish body parts were discovered in the diets of *P. parsia*, but they were not favoured. Incidence of Ostracod was only discovered in

Table 2. Estimates of index of relative importance (IRI%) in examined species inhabiting Cochin Estuary.

ITEMS	<i>Mugil cephalus</i>	<i>Planiliza parsia</i>	<i>Planiliza planiceps</i>	<i>Chanos chanos</i>
Bacillariophyceae	43.39	11.31	32.97	8.4
Chlorophyceae	18.23	16.5	13.74	19.12
Myxophyceae	7.55	45.05	10.64	30.48
Dinoflagellates	2.6	2.42	4.22	3.87
Copepod	1.46	3.49	3.37	3.08
Insects	4.03	0.99	0	0
Shrimps Larvae	2.78	1.56	4.88	1.88
Detritus	15.12	8.74	20.29	20.103
Ostracod	0	0	0	2.51
Foramenifera	0	0	5.83	5.54
Fish Larvae	0	4.26	0	0
Miscellaneous	4.81	5.62	4.02	4.98

Table 3. Levin's index of diet breadth (B^a), Levin's standardised niche breadth (B_A) and trophic level estimated for four examined species inhabiting Cochin Estuary [a reference scale for niche breadth: 0–0.39 low, 0.4–0.6 intermediate, 0.61–1.0 high (modified from Grossman, 1986)].

Species	N	B^a	B_A	Trophic level
<i>Mugil cephalus</i>	73	5.69	0.58	2.5 ± 0.27
<i>Planiliza parsia</i>	35	5.75	0.52	2.7 ± 0.50
<i>Planiliza planiceps</i>	65	7.22	0.77	2.4 ± 0.30
<i>Chanos chanos</i>	55	7.5	0.72	2.6 ± 0.35

Table 4. Pianka's index niche overlap value (INO) a and Monte-Carlo simulation P-value for four examined species inhabiting Cochin Estuary [a INO > 0.60, biologically significant].

Species considered for potential niche overlap	1 INO	MC-P
<i>Mugil cephalus</i> * <i>Chanos chanos</i>	0.78	<0.05
<i>Mugil cephalus</i> * <i>Planiliza planiceps</i>	0.92	<0.001
<i>Mugil cephalus</i> * <i>Planiliza parsia</i>	0.7	<0.05
<i>Chanos chanos</i> * <i>Planiliza parsia</i>	0.91	<0.001
<i>Chanos chanos</i> * <i>Planiliza planiceps</i>	0.91	<0.001
<i>Planiliza planiceps</i> * <i>Planiliza parsia</i>	0.77	<0.05

C. chanos. *M. cephalus* showed a stronger preference for eating insects compared to the other species. *P. parsia* preferred myxophyceae while *P. planiceps* had relatively more inclination to bacillariophyceae.

3.2 Dietary as well as trophic niche breadth along with the trophic level value

All four species had high values for both diet and niche breadth. *C. chanos* ($B=7.5$) and *M. cephalus* ($B=5.69$, Tab. 3) had the greatest as well as lowest diet breadth values, respectively. The greatest, as well as minimum niche breadth values, were obtained in *P. planiceps* ($B_A=0.77$) and *P. parsia* ($B_A=0.52$) respectively (Tab. 3). The four species' trophic levels were computed from their food compositions and found to be 2.5, 2.7, 2.4, and 2.6 in *M. cephalus*, *P. parsia*, *P. planiceps*,

and *C. chanos*, respectively, indicating that they were omnivores with a preference for vegetable material as they eat mainly algae.

3.3 Null model simulation and Niche overlap

During Pianka's diet overlap investigation, six different species combinations were provided and examined (Tab. 4). *M. cephalus* and *P. planiceps* (0.92), *C. chanos* and *P. parsia* (0.91), and *C. chanos* and *P. planiceps* (0.91) had very high overlap values, whereas *M. cephalus* – *P. parsia* (0.7), *M. cephalus* – *C. chanos* (0.78), and *P. parsia*–*P. planiceps* (0.77) had statistically significant overlap values ($P < 0.05$).

With both reshuffled zeroes and kept zeroes choices, the null communities generated using a Monte Carlo simulation model revealed significantly ($P < 0.05$) higher observed values than expected by chance across all four omnivorous species.

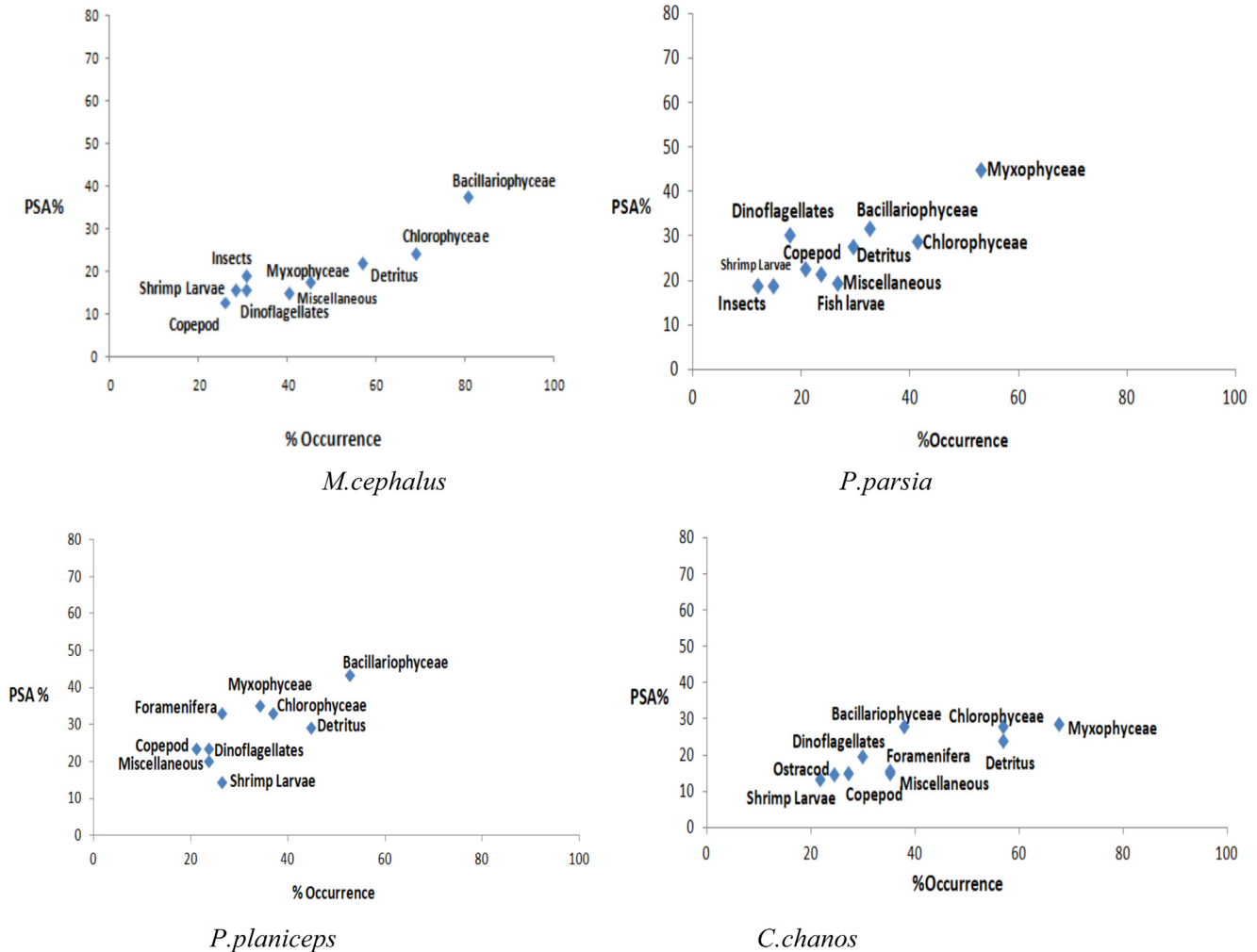


Fig. 2. Predator feeding strategy diagram of examined species from the Cochin Estuary (following Amundsen et al., 1996).

Remarkably low p-values indicated that four species living in the Cochin Estuary may share resources.

3.4 Phenotypic contributions, prey-specific abundance and feeding strategy

In terms of contribution to both O% and ASP %, the prey items showed a fairly similar trend. Three fishes preferred bacillariophyceae but *P. parsia* preferred myxophyceae (Fig. 2). All of the prey items reported APSi 40% or below in these four species, indicating a definite generalist eating pattern. Nevertheless, the majority of the prey items had low prey specific abundances O%, even though the O% was significantly larger. This demonstrates that prey items have a lesser preference within the population as compared to their presence in the environment. The majority of prey items are found in the graph's lower left corner, implying that, despite the presence of food items in the surroundings, the fish population avoided them. This finding further supports the omnivores' strong reliance and predilection for estuary algae and debris.

4 Discussion

Diet abundance, composition, and niche overlaps are investigated in four species from the Cochin Estuary, along with trophic ecology, feeding behaviours, food preferences as well as a dietary crossover. The influence of ontogeny, as well as a size-based variation on niche partitioning of *M. cephalus* in the United States, was explored by Eggold and Motta (1992), who discovered considerable resource partitioning only during the main ontogenetic phase. In the current experiment, however, the IRI % values obtained in size groups revealed no significant variation.

All four species tested in this study had trophic levels ranging from 2.0 to 3.0, designating them as herbi-Omnivore-detrivores, with *P. parsia* having the highest LT value (2.7 ± 0.5). However, Fishbase (Froese and Pauly, 2019), which keeps track of trophic levels for a variety of fish species, shows a value of 2.0 ± 0.0 , indicating that *P. parsia* is a herbivore. Similarly, the present study's LT value for *P. planiceps* was 2.4 ± 0.3 , compared to 2.0 ± 0.0 in Fishbase, while the current study's LT value for *C. chanos* was 2.6 ± 0.35 , compared to 2.4 ± 0.2 in Fishbase.

In different environments, a species' trophic level varies based on the food items accessible, feeding habits, diet breadth, but also the trophic level of its closest relative. (Pauly and Christensen 2000). This explains *P. parsia*'s increased trophic value, which may be attributed to the presence of fish larvae, shrimp larvae, and insects in its diet.

Hurlbert (1978) proposed that niche breadth value is a measure of trophic specialisation, Amundsen *et al.* (1996) proposed that niche breadth index paired with feeding strategy provides a better knowledge of trophic niche width. When the numbers are compared to graphs of APS plotted versus O%, analyzing the niche width becomes easy. Because of the presence of dominating prey items on the bottom left and lower right corners of the APS graphs, all four species were characterised as generalist feeders in this research. As stated by Amundsen *et al.* (1996), a generalist predator's nutritional niche is relatively broad, whereas a specialist's food niche is quite limited. A population with a limited niche width must also be made up of individuals who have restricted and specialised niches. True herbivores, as well as carnivores, would be classified as specialised feeders as a result of this classification.

M. cephalus feeding habit consists of the broad spectrum of prey items which eventually leads to their feeding as generalized ones (Rao and Babu, 2013; Bekova *et al.*, 2013). In addition, the APS–O% graphs (Fig. 2) in all four species revealed quite a major prey item in the bottom left corner. The most common prey items in all four species was algae. Dinoflagellates, copepod, foraminifera, insects, shrimp larvae, and fish larvae were discovered to be avoided food items within the four species' phenotypes. This demonstrates the fishes' generalised reliance on various prey. Based on the feeding approach exhibited in this study, we can affirm that these fishes are benthic feeders and are highly reliant on the benthic food chain.

Generalist feeders, also known as opportunistic feeders generally have a bigger number of prey items in their stomachs (Amundsen *et al.*, 1996; Hossain *et al.*, 2017). Specialist feeders rely on a smaller number of prey that does not belong to different ecological niches. As previously stated, all four fishes demonstrated generalist feeding behaviours with moderate reliance on more similar prey items in the current investigation.

El-marakby *et al.* (2006) discovered that striped mullet do not consume food at random, but rather choose what they eat. Muchlisin *et al.* (2015) reported that two omnivorous endemic species of Lake Laut taware show specialized diet preference and select *Closteriopsis sp* and *Arcella sp*. The omnivore species of the Cochin Estuary, despite evidence of specialist behaviour in other omnivores, displayed generalist feeding methods and a wider niche breadth, similar to genuine omnivores.

Pianka's pair-wise niche overlap values were much higher than those of the other species. Examined species that have significant nutritional overlap might explain their comparable prey preferences. Variability as well as the availability of prey items have been found to influence ecological competition between conspecifics and interspecific (Ward *et al.*, 2006).

Despite the relatively high niche overlap values, the null model simulation programme found evidence of extensive resource sharing in the fish assemblage's eating behaviours. The niche overlap values revealed were all much higher than anticipated by chance.

Rivals can live under situations of considerable overlap, according to Ågren and Fagerström (1984) and Keddy (1989),

if they are equivalent competitors and use niches in comparable ways. The fact that *P. parsia*, *P. planiceps*, *Chanos chanos*, and *M. cephalus* all eat the same foods, results in an overlap of prey items. Because of the low and fluctuating number of invertebrate prey species, food rivalry and dietary overlap between fish species are common in estuarine systems (Moyle and Cech, 2004). However, because of the high abundance of the major prey, resource competition is generally minimal when prey overlap between two species is substantial (Klemetsen, 1993). This rationale might be deemed more pleasant, as it emphasises the richness of benthic resources (detritus, benthic crustacean) in the Cochin Estuary.

Blaber (1976) wanted to see if there was any interspecific rivalry among the mugilid species in Lake St Lucia, including *M. cephalus*. He discovered that there was a lot of dietary overlap but minimal geographical segregation, indicating that all these species are using a non-limiting and plentiful resource. Following an assessment of the feeding behaviours of *M. cephalus* and *Liza macrolepis*, Luther (1962) arrived at the same result (now *Chelon macrolepis*). *M. cephalus* exhibited the same eating habits as the other three species and filled the same niche, according to this study.

Environmental variableness, as well as seasonal succession, synchronize the diversity along with the abundance of prey organisms including plankton, benthos, and other invertebrates in estuaries (Jendyk *et al.*, 2014; Leterme *et al.*, 2015), which may contribute to the value of overlap, resource sharing, or potential resource competition between species (Jendyk *et al.*, 2014; Leterme *et al.*, 2015). The current study shows that niche or diet overlap by itself does not give omnivores a comprehensive picture of resource utilisation and potential resource rivalry. Large overlap levels, according to Gotelli and Graves (1996), indicate common resource utilisation and a lack of rivalry. The strong competition which has not yet culminated in resource segregation, on the other hand, might suggest high overlap. In terms of getting a satisfying result, the null model approach is quite obedient. However, according to Corrêa *et al.* (2011), null models can only suggest in which direction observed trends are going, and further data on accessibility and species interactions might offer more precise responses in the name of niche overlap together with resource status. More information on seasonal fluctuations in intestinal prey abundance and the associated diet overlap (or lack thereof) might be useful in understanding seasonal resource consumption patterns, for example. Due to the region's probable richness of benthic prey resources, the current study reveals that these four omnivorous species only with the widest feeding strategies and greatest dietary overlap live in the same niche zones of the Cochin Estuary with no interspecific conflict.

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Competing interests

The authors have no relevant financial or non-financial interests to disclose.

Author contributions

SDD conceived, designed the experiments, performed the experiments, analyzed and wrote the manuscript.

Availability of supporting data

The corresponding author will share the datasets produced and/or analysed during the current work upon reasonable request.

Ethical approval

All applicable international, national, and/or institutional guidelines for sampling, care, and experimental use of organisms for the study have been followed.

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